



YOGA WITH DEBS

LEARN TO RELAX, INCREASE ENERGY,
IMPROVE FLEXIBILITY AND HAVE FUN.

TUESDAY EVENINGS: 7.00 - 8.30

£6 a class or £20 for four sessions.

So come along and have a go!

WHITLEY COMMUNITY CENTRE

COVENTRY
CV3 4BP

Contact: Debbie Riordan

Telephone or text:
07812147999

E-mail:
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Please bring along a Yoga mat, wear loose comfortable clothing and a blanket or extra layers for the relaxation at the end of our practice.

